

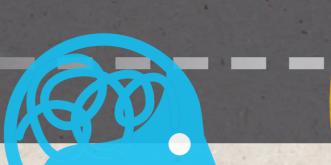
The NET Journey

Getting an accurate diagnosis of a neuroendocrine tumour (NET) can be a long journey¹



Diagnosis

5 - 7 years is the average time to get a diagnosis¹



5-7

Why so long? NETs are relatively uncommon^{2,3}

so not well known by GPs They are frequently misdiagnosed, as many of the symptoms are shared with more common ailments and conditions²

> They can cause no symptoms at all^{2,3}







Types of tests^{2,4}

Personal & family medical history Fine needle biopsy Tumour marker tests Blood and urine tests Ultrasound Computed tomography (CT) scan Endoscopy & endoscopic ultrasound

Bone scan Positron emission tomography (PET) **Bronchoscopy** Lung function tests

Magnetic resonance imaging (MRI) Echocardiography



Tests you are likely to face can seem daunting

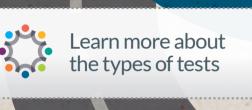


What to look out for?

Common symptoms (although not always present at the same time) are diarrhea, flushing, cramps and stomach pain, palpitation, wheezing and breathlessness²



Read more about symptoms & diagno symptoms & diagnosis





Meet your multidisciplinary team



Your care team can be broad4 GP

Surgeon **Oncologist** Nurse Endocrinologist Nuclear medicine physician Gastroenterologist Radiologist

Dietician



Get the most from your care team



Getting the most from your care team/consultation

Prepare questions in advance If you wish, you can do some research up front Take someone with you to the appointment

> Take notes during the visit Ask for roles to be explained Write down the names, roles and contact details of your care team

Keep asking if you don't understand the disease, the follow up or the treatments



Consultation



Getting treated & Living with NETs





Ask about treatment options⁴

Learn to spot side effects⁴

Talk to your friends and relatives Understand how lifestyle

changes can help4





Hear how other patients live with NETs



Find out more

Living with NETs an online resource developed by Ipsen that provides information about neuroendocrine tumours (NETs, which you may also hear referred to as carcinoid tumours, GI-NETs, GEP-NETS, pancreatic NETs and lung NETs) and support for those living with neuroendocrine cancer.

livingwithnets.com

References:

1. Modlin IM, et al. J Natl Cancer Inst 2008;100(18):1282-1289.

2. Mamikunian G, et al. Neuroendocrine-Tumors - 4th-Edition. Inglewood, CA: Inter Science Institute; 2009.

3. Warner R. A review of carcinoid cancer. The Carcinoid Foundation. July 2012 (updated). https://www.carcinoid.org/for-patients/general-information/a-reviewof-carcinoid-cancer/. Accessed May 2018.

4. Cancer.NET. Neuroendocrine Tumor Guide. https://www.cancer.net/cancertypes/neuroendocrine-tumor/view-all Accessed May 2018.



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